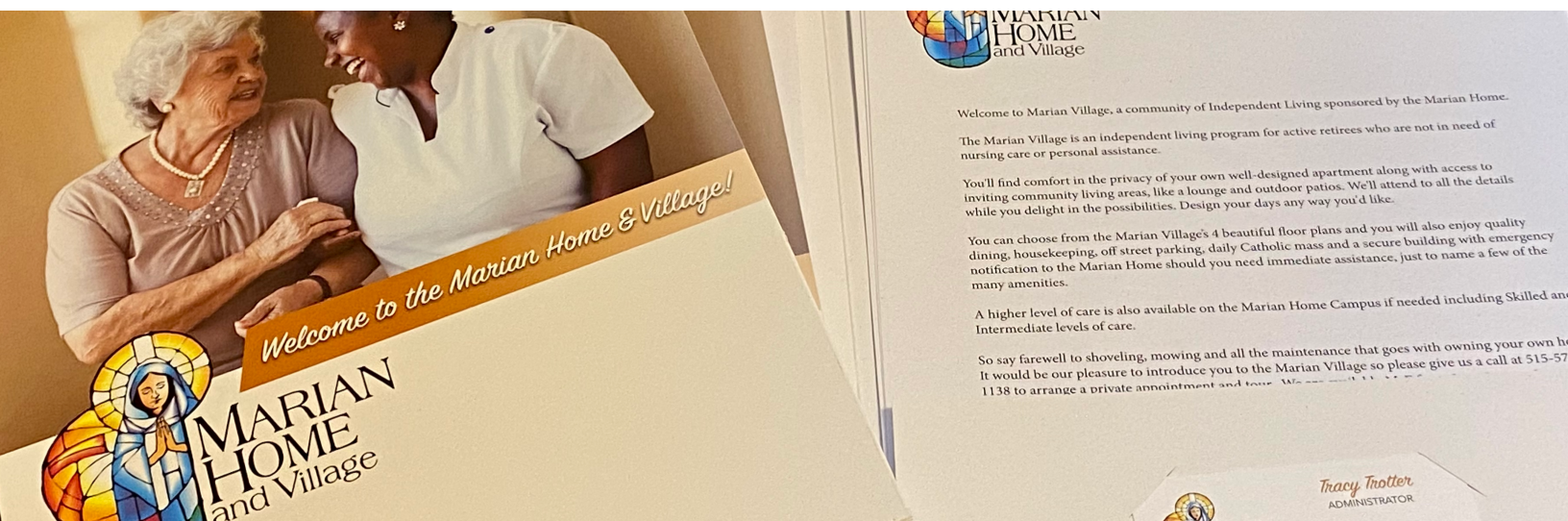




VOL. 1 | OCTOBER 2021

IN THE LOOP

A Community of Compassionate Care



FROM YOUR
ADMINISTRATOR,
TRACY TROTTER



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Salute to an AMAZING group of people!

These last 18 months have been chaotic, disheartening, depressive, surprising, I could go on and on. For one group it has been terribly isolating. I am speaking to the wonderful people that live in our Long-Term Care facilities. This wonderful group of people have endured more than most of us can possibly understand. They have gone about 9 months visiting family and friends through a window or via a virtual visit on a screen. No hugs, no touching, and no face-to-face conversation without a mask. At some points during the last 18 months things changed and there were times that face-to-face visits without masks were allowed. Hugs and touching became possible, only to have those liberties taken away to return to more stringent interventions because an employee or another resident was positive for COVID 19. If all of this wasn't bad enough, they had to endure repeated testing for COVID 19.

We can honestly say it has been within the last couple months that we have heard repeated complaints. This group has more grit than any other generation living. This generation is stronger than any of us can fathom and have endured more than any of us can imagine. I would like to salute all the residents of the Marian Home and all other Long Term Care facilities. I would like to also commend the families of our residents, your support and constant attention to our residents has made this tragic time one that becomes more tolerable because you care. Let it be noted that we do not have any residents in our facility who don't have regular visits. We at the Marian Home are so very lucky to be blessed with wonderful families and friends but most of all, for the most AMAZING Grand Friends we could ever wish for. When we feel like we can't go on we take a cue from these amazing humans, dig in our heels and carry on. Some solid advice I get from a few residents, "This too shall pass". Indeed, it will. God Bless.

Tracy Trotter

Hy-Vee Pharmacy will be at the Marian Home on Monday, September 27th to administer our Flu Vaccines. Covid Boosters will be administered that day also, if fully approved by the FDA.

Here is an article regarding administering both vaccines at the same time:

UPDATED GUIDANCE ON CO-ADMINISTRATION OF COVID-19 VACCINE WITH OTHER VACCINES

COVID-19 UPDATE

COVID-19 vaccines and other vaccines may be co-administered without regard to timing. If a patient is eligible, both the flu and COVID-19 vaccines can be administered at the same visit, as recommended by CDC and the Advisory Committee on Immunizations Practices (ACIP). In addition to the flu vaccine, the COVID-19 vaccine can be given at the same time as other vaccines. Giving all vaccines for which a person is recommended to receive at the same visit is considered a best practice as it increases the probability people will be up to date on recommended vaccines. It also is an important part of immunization practice, especially if a health care provider is uncertain the patient will return for additional doses of vaccine. Both COVID-19 and flu vaccines have been shown to reduce illness, hospitalizations, and deaths.

CDC has extensive guidance for health care providers on coadministration of vaccines.

- When administering COVID-19 and flu vaccines during the same clinical visit, two different injection sites should be used, at least one inch apart from each other.
- If COVID-19 vaccines are administered at the same time as flu vaccines which might be more likely to cause a local injection site reaction (e.g., adjuvanted or high-dose inactivated influenza vaccines), the two should be administered in different limbs, if possible.



DIRECTOR OF NURSING

Thank You



Jody Lennon
Director of Nursing

I would like to send a special **Thank You** to the Nursing Staff that have worked extra hours, came in to help when their schedules allowed, to help care for our Residents. It shows through the smiles of the Residents the care they are receiving. Your hard work is noticed and appreciated.

GIVE A WARM WELCOME TO CATIE PETERSON



Catie Peterson
HR/Payroll Coordinator

We would like introduce you to our new HR/Payroll Coordinator, Catie Peterson. She has been with us since July and is adapting very well to the Marian Home. She is busy working on learning all of our employees and her job duties for this position. She is already bringing on a lot of great ideas in her first couple months!

Welcome Catie!



early detection save lives

OCTOBER
BREAST CANCER
AWARENESS MONTH



WWW.MARIANHOMES.COM

FALL DESSERT RECIPES

from Residents

Happy Fall!

We are going to be starting our fall/winter menus soon. Something different we are doing is, every Friday, we will have a resident choice dessert. We will pick one resident a week to give us a dessert idea and it will get served on Friday. We hope this will be something fun for the residents to look forward to. If you have any questions, comments, or concerns you can reach me at 515-574-5912.

Mindy Kuker

Mindy Kuker

Dietary Manager



MAINTENANCE/TRANSPORTATION

Marian Home & Village is composed of two adjoined yet separate buildings consisting of the nursing/SNF (with 90 beds) in the "Home" and the Independent Living section (with 28 various sized apartments) in the "Village".

Ron Thoma Jr. and I are the maintenance department focused on maintaining the condition of these facilities to provide reliable comfort, ensure safety, and maintain an attractive place for our residents (and their families) to live & enjoy!

Ron Nissen along with (two part-time drivers) Mitch Sells & Dave Hankel make-up the transportation department that provide reliable and safe transportation for all our residents get to and from doctor, hair appointments, or to enjoy outings to places like stores, restaurants, or personal events in a timely manner, whether in a small group or alone.



Our team of friendly, professional maintenance men and transportation drivers are always ready to go the extra mile to make sure our residents have the best experience possible here at our "Home".

Thank you,

Travis Filloon

Travis Filloon

Director of Buildings and Grounds



HOUSEKEEPING

Hi everyone! I wanted to share a little bit about our department. We have 7 full time employees and 2 part time. We do all the laundry in house daily and return same day. We also make sure that bedding and beds are washed on a regular basis and rooms and bathrooms cleaned daily.

As a reminder, with cooler weather approaching, we would ask that you please make sure all the residents have appropriate weather attire, should they have to go on any sort of outing. This would include coats, hats, mittens, and proper footwear.

Thank you,

Tracey Brownfield

Tracey Brownfield
*Laundry/Housekeeping
Supervisor*



What is your favorite thing about fall?

Answer the question above and turn in to the front desk with your name for a chance to win a monthly prize.

MONTHLY
NEWSLETTER
DRAWING





MARIAN HOME ACTIVITIES

Activities

October 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Activities are subject to change as weather permits	*Mass is aired on Channel 16-2 at 10:15 AM				1 10:15 Mass 1:00 UNO 3:00 Happy Hour	2 10:15 Mass (TV) 1:00 Laura's Choice
3 10:15 Mass (TV)	4 10:15 Mass 1:00 Spa Day 3:00 Mix it Up	5 10:15 Mass (TV) 2:00 Protestant Church 3:00 Current News 6:30 Bingo	6 10:15 Mass 1:00 Farkle 3:00 Wreath Craft	7 10:15 Mass (TV) 1:00 Spa Day 3:00 Bingo 6:30 Movie	8 10:15 Mass 1:00 Ron's Retirement Party 3:00 LCR 6:30 Bingo	9 10:15 Mass (TV) 1:00 Pam's Choice
10 10:15 Mass (TV)	11 10:15 Mass 1:00 Spa Day 3:00 Watercolor Art	12 10:15 Mass (TV) 2:00 Protestant Church 3:00 Current News 6:30 Bingo	13 10:15 Mass 1:00 Wreath Craft 3:00 Birthday Party	14 10:15 Mass (TV) 1:00 Spa Day 3:00 Bingo 6:30 Fireside Stories	15 10:15 Mass 1:00 Yahtzee 3:00 Happy Hour 6:30 Bingo	16 10:15 Mass (TV) 1:00 Laura's Choice
17 10:15 Mass (TV)	18 10:15 Mass 1:00 Spa Day 3:00 Mix it Up	19 10:15 Mass (TV) 2:00 Protestant Church 3:00 Chex Mix Mixer 6:30 Bingo	20 10:15 Mass 1:00 Shut the Box 3:00 Wreath Craft	21 10:15 Mass (TV) 1:00 Resident Council 3:00 Bingo 6:30 Movie	22 10:15 Mass 1:00 Spa Day 3:00 Happy Hour	23 10:15 Mass (TV) 1:00 Pam's Choice
24 10:15 Mass (TV)	25 10:15 Mass 1:00 Spa Day 3:00 Watercolor Art	26 10:15 Mass (TV) 2:00 Protestant Church 3:00 Current News 6:30 Bingo	27 10:15 Mass 2:00 Prize Store	28 10:15 Mass (TV) 1:00 Spa Day 3:00 Bingo 6:30 S'mores	29 10:15 Mass 2:00 Halloween Party 6:30 Bingo	30 10:15 Mass (TV) 1:00 Laura's Choice
31 10:15 Mass (TV)						

Please feel free to contact us in the Activity Department at any time. Our direct line is 515-574-5906 or email either of us with questions or suggestions.

Email: photz@marianhome.com or lstein@marianhomefd.com



Pam Hotz
Co-Activity Director

Hi, I'm Pam Hotz, Co-Activity Director with Laura Stein. I have been at the Marian Home since November 1988. I am a CNA, CRA (certified rehabilitation aide) and I worked in our Restorative Therapy Department for 20+ years. I became a Certified Activity Professional in May 2017. I love coming to Marian Home and doing whatever the residents need or want to do. Each one of them are my family.

I got married to Steve in February 2019. We each have two grown children and two grandchildren. It's been tough not being able to see them during this pandemic, so I know what our residents are going through and feeling, missing family. Facetime is wonderful but it's not the same.



Lori Stein
Co-Activity Director

Hi, I'm Laura Stein, I've been a CNA for 25 years, it's my heart and soul, I've been a med aide for 14 years, I am now part of the activity department as a Co-Director with my partner Pam Hotz, I'm learning a lot while attending classes for the Activity Director roll. I've been married for 14 wonderful years to Dennis Stein, my best friend ever. I have 5 grown children, 4 boys and 1 girl, I lost my oldest son while he was in the army, he was 25, My 3rd son and my daughter are also CNA's and work as hard as I do for our residents and staff. I have 5 grandchildren and one on the way, due in January. The Marian Home is like my second home, I absolutely love new challenges everyday.